



# ASCA Mindsets & Behaviors Planning Tool

Program Goal for Academic Year \_\_\_\_\_ to \_\_\_\_\_

By  ,   
*End Date Targeted Group*

will   
*Increase/decrease something related to achievement, attendance or behavior*

by  percent from  to   
*Measure of change Baseline data Target data*

Data Source:

Based on your interviews/conversations with relevant stakeholders (parents, teachers, students, administrators, etc.), what have you learned about the specific needs of this targeted population around this issues?

Identify one–two Mindsets & Behaviors most relevant for this targeted group and goal:

*MSB# Statement*

Based on the goal, identified needs and selected Mindsets & Behaviors, what do you want this targeted group of students to learn from your school counseling intervention?

Based on what you want this group to learn (identified above), write one–two sentences describing what you want students to believe, know and/or be able to do. These become the foundation for your perception data measure.

Attitude/Belief I believe...	Knowledge I know ...	Skill I can ...

Convert the above statements into a Likert-scale measure and/or brief answer assessment

1  
*Rarely*

2  
*Sometimes*

3  
*Most of the time*

4  
*Almost All the time*

Statement	Scale
	1 2 3 4
	1 2 3 4
	1 2 3 4
	1 2 3 4
	1 2 3 4
	1 2 3 4
Brief answer question:	

You have created a pre- and post-test for collecting perception data around this goal and your planned intervention.